

SWEET TASTE OF VICTORY

A diabetes patient's true story

Meet Julia:

Through an innovative, outcomes-based approach that leveraged her unique member insights and utilized our comprehensive understanding of Julia's health, she's achieved optimal clinical outcomes and her plan has seen valuable savings.



CONTROLLED BLOOD SUGAR



Drastically reduced A1C levels to below goal of **7.0**¹



INCREASED MEDICATION ADHERENCE



Discussed ways to remember to take medications with Therapeutic Resource Center[®] pharmacist

Increased adherence to metformin to **99%**¹



PHYSICIAN VISIBILITY

Provider engaged with additional information to support health goal



COORDINATED CARE



Experienced connected care across physician, pharmacist and support team



CLOSED GAPS IN CARE

Filled statin medication based on new recommendation



Received dietitian referral to assist with lifestyle changes

EVERYBODY WINS

Julia



IMPROVED OVERALL HEALTH

Including a reduction in risk of diabetes complications

Her plan



\$7,500¹

IN POTENTIAL SAVINGS DUE TO

- + Metformin adherence
- Injectable insulins
- + Statin adherence

[Learn More](#)



EXPRESS SCRIPTS[®]

CHAMPIONS FOR BETTERSM