

## PREFERRED SPECIALTY MANAGEMENT POLICY

- POLICY:** Interleukin-1 Blockers for Cryopyrin-Associated Periodic Syndromes Preferred Specialty Management Policy
- Arcalyst® (rilonacept injection – Regeneron Pharmaceuticals)
  - Ilaris® (canakinumab subcutaneous injection – Novartis)

**REVIEW DATE:** 11/18/2020

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### OVERVIEW

Arcalyst and Ilaris are interleukin-1 (IL-1) blockers indicated for the treatment of **cryopyrin-associated periodic syndromes**, including familial cold autoinflammatory syndrome and Muckle-Wells Syndrome.<sup>1-2</sup> Arcalyst is indicated in patients  $\geq 12$  years of age, whereas Ilaris is approved in those  $\geq 4$  years of age. Of note, Ilaris is also indicated in other conditions, including systemic juvenile idiopathic arthritis in patients  $\geq 2$  years of age; tumor necrosis factor receptor associated periodic syndrome, in adult and pediatric patients; hyperimmunoglobulin D Syndrome/mevalonate kinase deficiency, in adult and pediatric patients; and familial Mediterranean fever, in adult and pediatric patients. However, these indications are not targeted in this policy.

### POLICY STATEMENT

This Preferred Specialty Management program has been developed to encourage the use of the Preferred Product. For both medications (Preferred and Non-Preferred), the patient is required to meet the respective standard *Prior Authorization Policy* criteria. The program also directs the patient to try the Preferred Product prior to the approval of a Non-Preferred Product. Requests for Non-Preferred Products will also be reviewed using the exception criteria (below). If the patient meets the standard *Prior Authorization Policy* criteria, but has not tried a Preferred Product, a review will be offered for the Preferred Product using the respective standard *Prior Authorization Policy* criteria. All approvals are for the duration noted below. In cases where the initial approval is authorized in months, 1 month is equal to 30 days.

**Documentation:** Documentation of previous therapy will be required where noted in the criteria as **[documentation required]**. Documentation may include, but is not limited to, chart notes, prescription claims records, and prescription receipts.

**Automation:** None.

**Preferred Product:** Ilaris  
**Non-Preferred Product:** Arcalyst

**RECOMMENDED EXCEPTION CRITERIA**

Non-Preferred Product	Exception Criteria
Arcalyst	<p><b>1. Cryopyrin-Associated Periodic Syndromes, Initial Therapy.</b>  <u>Note:</u> This includes Familial Cold Autoinflammatory Syndrome, Muckle-Wells Syndrome, and Neonatal Onset Multisystem Inflammatory Disease or chronic infantile neurological cutaneous and articular syndrome.</p> <p><b>A)</b> Approve for 3 months if the patient meets BOTH of the following (i <u>and</u> ii):</p> <ul style="list-style-type: none"> <li><b>i.</b> The patient meets the standard <i>Inflammatory Conditions – Arcalyst Prior Authorization Policy</i> criteria; AND</li> <li><b>ii.</b> The patient has tried Ilaris [<b>documentation required</b>].</li> </ul> <p><b>B)</b> If the patient has met criterion 1Ai (the standard <i>Inflammatory Conditions – Arcalyst Prior Authorization Policy</i> criteria) but criterion 1Aii is not met, offer to review for Ilaris using the standard <i>Inflammatory Conditions – Ilaris Prior Authorization Policy</i> criteria.</p> <p><b>2. Cryopyrin-Associated Periodic Syndromes, Patient is Currently Taking Arcalyst.</b></p> <p><b>A)</b> Approve <u>Arcalyst</u> for 1 year if the patient meets BOTH of the following conditions (i <u>and</u> ii):</p> <ul style="list-style-type: none"> <li><b>i.</b> The patient meets the standard <i>Inflammatory Conditions – Arcalyst Prior Authorization Policy</i> criteria; AND</li> <li><b>ii.</b> The patient meets ONE of the following conditions (a <u>or</u> b): <ul style="list-style-type: none"> <li><b>a)</b> The patient has been established on Arcalyst for <math>\geq 90</math> days; OR</li> <li><b>b)</b> The patient has tried Ilaris [<b>documentation required</b>].</li> </ul> </li> </ul> <p><b>B)</b> If the patient has met criterion 2Ai (the standard <i>Inflammatory Conditions – Arcalyst Prior Authorization Policy</i> criteria), but criterion 2Aii is not met, offer to review for Ilaris using the standard <i>Inflammatory Conditions – Ilaris Prior Authorization Policy</i> criteria.</p> <p><b>3. Other Conditions.</b> Approve Arcalyst if the patient meets the standard <i>Inflammatory Conditions – Arcalyst Prior Authorization Policy</i> criteria.</p>

**REFERENCES**

1. Arcalyst for injection [prescribing information]. Tarrytown, NY: Regeneron Pharmaceuticals Inc; September 2016.
2. Ilaris for subcutaneous injection [prescribing information]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; December 2016.